



# TAKING MEDICINES

ACTION FOCUS CAMPAIGN

## IMPORTANT INFORMATION

**1** Before starting work, **notify your HSEQ Manager** of any medicines you are taking.

**2** **Submit a doctor's note**, if you have one.

**3** Ensure that **emergency and rescue workers are also informed** as to what medicines you are taking.

**4** For your own safety and that of others, take medicines responsibly and only as prescribed, **strictly adhering to the directions!**

**5** Some medicines **can impair your judgement and/or reaction** time.

**QUESTIONS? MORE INFORMATION? UNSAFE WORKING CONDITIONS?**  
Your HSEQ Manager is there to help answer any questions and ensure a safe working environment for all.

**Work safely or do not work at all!**

Read all additional information about **TAKING MEDICINES** by scanning the QR code.

For more HSEQ info visit [hseqdirect.com](http://hseqdirect.com)



HEALTH

**HSEQ** DIRECT  safer healthier workplace